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II.5 Tamoxifen and other Genital Tissues: Vagina, Cervix and Ovaries

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It has been demonstrated that postmenopausal tamoxifen (TAM) treatment induces an oestrogen-like effect on the vaginal epithelium, including gradual increase in cellular maturity with a consequent increase of intermediate and superficial cells. No association between postmenopausal TAM treatment and vaginal malignancy was reported. Several investigators could not find significant differences in the incidence of new primary cervical cancers in postmenopausal breast cancer patients with TAM treatment as compared to controls and the relative risk for the development of new cervical cancer was low. The incidence of benign ovarian pathologies among postmenopausal breast cancer patients with TAM treatment was found to be higher than that reported for similar pathologies in controls, or among non-selected, asymptomatic and untreated postmenopausal women. © 1998 Elsevier Science Ltd. All rights reserved.

It HAS been demonstrated that postmenopausal tamoxifen (TAM) treatment induces oestrogen-like effects on the vaginal epithelium. Maturation index (MI) and Karyopicnotic index (KPI) assessment revealed a significant gradual increase in cellular maturity with a consequent increase of intermediate and superficial cells in the vaginal epithelium of such patients, following TAM treatment for up to 8 weeks [1–4].

No association between postmenopausal TAM treatment and vaginal malignancy was reported. Several investigators could not find significant differences in the incidence of new primary cervical cancers in postmenopausal breast cancer patients with TAM treatment as compared to controls [5–7] and the relative risk for the development of new cervical cancer was low [5–7]. The effect of TAM therapy on the postmenopausal ovary, if any, is not clear. However, since TAM has been found to be a causative agent for various

endometrial pathologies and bearing in mind the common ancestry of ovarian and endometrial epithelium and their stroma, it may be speculated that TAM's oestrogen-like action on the ovary may potentially stimulate either ovarian enlargement or the development of ovarian pathological conditions [8].

Several studies showed no significant differences in the incidence of new primary ovarian cancers in postmenopausal breast cancer patients with TAM treatment as compared to controls [5–7]. The relative risk for the development of new ovarian malignancy was also low [5–7]. The incidence of benign ovarian pathologies among postmenopausal breast cancer patients with TAM treatment was found to be higher than that reported for similar pathologies in controls [9] or among non-selected, asymptomatic and untreated postmenopausal women [8].

We have reported on a 5.7% incidence rate of benign ovarian pathologies among 175 postmenopausal breast cancer patients with TAM treatment who were all diagnosed by histopathological examination [8]. A high rate (50%) of bilaterality was also noted [8]. Finally, the results of ovarian volume, as detected by transvaginal ultrasonography, in 65 postmenopausal breast cancer patients who were treated for at least 6 months with TAM, were compared to that observed in 311 healthy postmenopausal women with no exposure to hormone therapy. After matching for menopausal age, the mean ovarian volume of the postmenopausal TAM-treated women was persistently low during the menopause, while it was gradually decreasing up to the tenth menopausal year ($8.6 \pm 2.3 \text{ cm}^3$ and $2.8 \pm 2.1 \text{ cm}^3$, respectively). Mean ovarian volume of the TAM-treated patients was significantly lower than that of the controls during the initial menopausal years [10]. It was therefore concluded that an ovarian volume that is considered to be within normal range for a specific menopausal age in a healthy postmenopausal woman, is abnormal for a postmenopausal TAM-treated patient [10].

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II.6 Alterations in Steroid Hormone Receptors in the Tamoxifen-treated Endometrium

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Although the mechanism of tamoxifen-induced endometrial neoplasia is thought to be via an oestrogenic effect of tamoxifen, there are few data confirming this. Since sex steroid hormones regulate endometrial growth via interaction with their receptors, oestrogen receptor (ER) and progesterone receptor (PR), a clinicopathological evaluation was performed to determine if these seemingly oestrogenic-like actions of tamoxifen on the uterus are associated with alterations in the expression of endometrial steroid receptors. To evaluate whether tamoxifen has oestrogenic endometrial effects as defined by histology or alterations in steroid receptor expression, 19 postmenopausal (PMP) tamoxifen-treated breast cancer patients who also had endometrial sampling were identified. To examine the subgroup of 15 polyps, age-matched, non-hormonally treated patients with polyps ($n=8$) or atrophic endometria ($n=5$) served as comparison groups. Proliferative ($n=3$) and secretory ($n=5$) endometria were procedural controls. Immunohistochemistry (IH) for steroid receptor ER and PR was performed. © 1998 Published by Elsevier Science Ltd. All rights reserved.